Ananda Yoga

COVID-19 Screening Questionnaire

Student Name: _____

Call scheduled students 18-24 hours prior to their appointment time to conduct initial verbal screening. Re-assess by restating questions to complete screening process prior to student entering studio.

Have you returned from a visit to China, Japan, Iran, South Korea, or Italy – or travelled to New York, Connecticut, Massachusetts, Louisiana, Illinois, Michigan, California, or Washington State after Jan 1, 2020?

Pre-screen Date: _____ No ____ Yes____ F/U Date: _____ No____ Yes____

Have you been in contact with a person who has tested positive to COVID-19 or has returned from one of the above countries or states in the past 14 days who also exhibits respiratory symptoms (fever, cough, difficulty breathing)?

No ____ Yes____ No____ Yes____

Any serious underlying health conditions, including high blood pressure, chronic kidney disease undergoing dialysis, liver disease, heart condition, chronic lung disease, diabetes, obesity BMI 40+, asthma, and those immune-compromised, including receiving cancer treatment, chemotherapy, smoking, bone marrow/organ transplant, poorly controlled systemic viral conditions, prolonged corticosteroids or other immune weakening medications. (Circle All)

No ____ Yes_____ No____ Yes____

Do you live in a nursing home, assisted living or long-term care facility?

No ____ Yes____ No____ Yes____

Answers "yes" to any question listed above identifies "Vulnerable Individuals (VI)." Follow Federal, State, Local guidelines (VI recommended to remain at home). Screen for existence of two (2) or more positives for co-existing risk factors (below) during the past 14 days: Students who answer "yes" to two (2) questions above or two (2) questions below may NOT attend in-person classes at Ananda Yoga. Refer to PCP, nearest ER or Local Health Department Clinic for COVID-19 clinical evaluation. Student will need to provide documentation/results they were screened or tested for COVID-19 before class.

Age 65+	No ____	Yes____	No____ Yes____
Fever of 100°F or greater?	No ____	Yes____	No____ Yes____
Cough?	No ____	Yes____	No____ Yes____
Difficulty breathing?	No ____	Yes____	No____ Yes____
Chills or repeated chills?	No ____	Yes____	No____ Yes____
Acute onset whole body muscle pain?	No ____	Yes____	No____ Yes____
Headache?	No ____	Yes____	No____ Yes____
Sore Throat	No ____	Yes____	No____ Yes____
New loss of taste of smell?	No ____	Yes____	No____ Yes____

DOS Patient Temperature: _____ (Optional) O2 Level: _____

*Monitor the CDC website for additional COVID-19 risk factors and symptoms. Update screening tool as needed.

Teacher Name: _____ Date: _____